

Lent Daily Prayer Suggestions

Today pray for parents and children

Today pray for students, teachers and school staff whether they are doing in-person or online learning

Today pray for people feeling lonely and isolated during this long winter and time of pandemic

Today pray for those who are making decisions about how to equitably distribute vaccine in this country and our role in helping people across the globe receive needed vaccines

Today pray for health care providers and the many, many hours they have put in over the past year

Today pray for government leaders at the federal, state and local levels

Today pray for the people of Haiti and the turmoil they are going through

Today pray for our partners in Bomalangombe and Vikongwa, Tanzania

Today pray for people who are homeless or unstably housed in this cold weather

Today pray for all those who are experiencing hunger insecurity that all may have enough

Today pray for those experiencing mental health challenges and for wholeness and healing

Today pray for people who are grieving the loss of a loved one

Today pray for people experiencing long-term effects from Covid-19

Today pray for relations between countries, that there may be open dialogue and understanding even when nations are on opposite sides of an issue

Today pray for the people of Myanmar

Today pray for people who work outdoors and those who plow the snow and maintain the streets

Today pray for police, fire, EMTs and all those who keep us safe

Today pray for justice for all people. We are called to “do justice, love kindness and walk humbly with God.” Micah 6:8

Today dwell in Prince of Peace’s mission statement and pray for our church communion. “We are claimed, gathered and sent to build the church and love the world.”

Pray for those who are experiencing addiction and those in recovery

Today pray for all those who are experiencing economic hardship and unemployment related to the pandemic

Pray for young children and childcare workers

Today pray for retired people

Today give thanks for the gifts that God has given you and pray about how you can use those gifts

Today pray for people feeling discouraged that all may have hope

Today pray for the health of our planet and the creation that God has entrusted us with

Today pray for pets and all plants and animals

Today give thanks for those who have received Covid vaccines and pray for patience for all those waiting to receive them

Pray for people who are unsure about whether to get the Covid vaccine when it becomes available to them

Pray for people who live in longterm care facilities, their family members and the staff who care for them

Today pray a prayer of lament for all the things we have been unable to do and people we've been unable to see in the past year

Today pray for grandparents, great grandparents, aunts and uncles

Today pray for farmers, food processing employees, grocery store workers and all those who work to provide the food that we eat

Today pray for all front line workers

Today pray for good decision making as we continue to mask and socially distance

Today give thanks for fresh air and the opportunities to spend time outdoors

Today give thanks for the many types of technology that allow us to remain connected to one another

Today pray for all those who serve in the Armed Forces and keep them out of harm's way

Today pray for people in the Middle East and the ongoing tensions in that part of the world

Today pray for people who have experienced abuse or neglect, children in foster care, social workers and others who work to keep people safe

Today pray for dismantling systems of racism, for learning and open-mindedness, and the desire to create systems anew that provide opportunities for all people

Today pray for Prince of Peace, the St Paul Area Synod, the ELCA, and the broader church

Today pray for organizations that provide food to people including Second Harvest, Keystone Community Services, and Every Meal in our community

Today pray for aid organizations including the Red Cross, Lutheran World Relief and Lutheran Disaster Response

Today pray for the work of Lutheran Social Services and Catholic Charities and the people that they serve

Today pray for people awaiting decisions on immigration status

Today pray that you and those around you are continuing to grow in faith